

Maine State Report

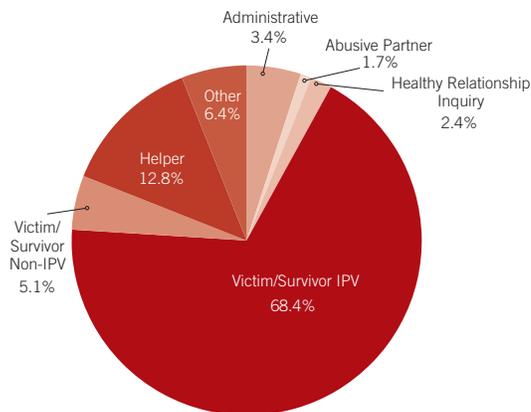
This report is based on The Hotline's contacts documented January 1st – June 30th, 2019

The National Domestic Violence Hotline documented* **297 contacts** from Maine. The state ranks 44th in terms of contact volume to The Hotline. The Hotline provides crisis intervention, safety planning, referrals and domestic violence (DV) and intimate partner violence (IPV) education for these contacts.

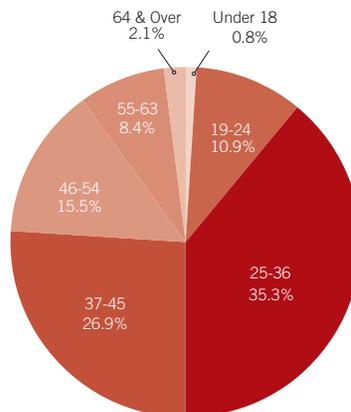
*Contacts documented refers to the calls, online chats and texts where a location was self-disclosed.

Phone	209
Chat	88
TTY	0
Total	297

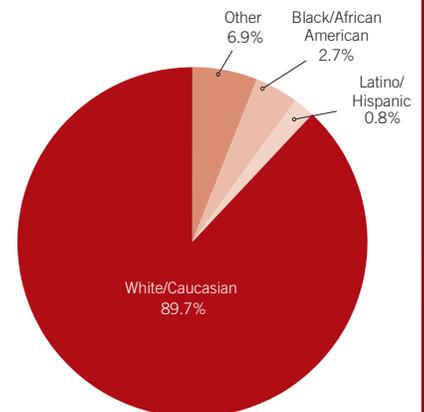
Who Is Contacting The Hotline From Maine?



Contact Type



Victim/Survivor Age



Contact Ethnicity

Contact Type Definitions:

- Victim/Survivor Intimate Partner Violence (IPV):** A contact who has experienced abuse by an intimate partner and is looking for information, resources, emotional or other support regarding the abusive relationship.
- Victim/Survivor Non-IPV:** A contact who has experienced abuse from anyone other than an intimate partner (i.e. parent, sibling, caretaker), and is looking for information, resources, or support regarding the abuse.
- Healthy Relationship Inquiry:** A contact discussing intimate partner relationships who is not experiencing a pattern of abusive behaviors.
- Abusive Partner:** A contact who engages in a pattern of behavior to establish power and control over an intimate partner.
- Other:** A contact who is not currently experiencing violence and has needs outside the scope of healthy relationships or intimate partner violence services. *NOTE: This contact type excludes wrong numbers.*

Top 10 Cities by Contact Volume

1. Portland	19.1%
2. Lewiston	4.1%
3. Bangor	4.1%
4. Biddeford	3.7%
5. Gorham	3.4%
6. Augusta	3.0%
7. Saco	2.2%
8. Auburn	2.2%
9. Brunswick	1.9%
10. Sanford	1.5%

What Victims/Survivors Are Experiencing

97%

Emotional/Verbal Abuse

Behavior that isn't physical, which may include verbal aggression, intimidation, manipulation, and humiliation, which most often unfolds as a pattern of behavior over time.

61%

Physical Abuse

Non-accidental use of force that results in bodily injury, pain, or impairment. This may include to being slapped, burned, cut, bruised or improperly physically restrained.

27%

Economic/Financial Abuse

When one intimate partner has control over the other partner's access to economic resources, which diminishes the victim's capacity to support themselves.

19%

Digital Abuse

The use of technologies such as texting and social networking to bully, harass, stalk or intimidate a partner.

11%

Sexual Abuse

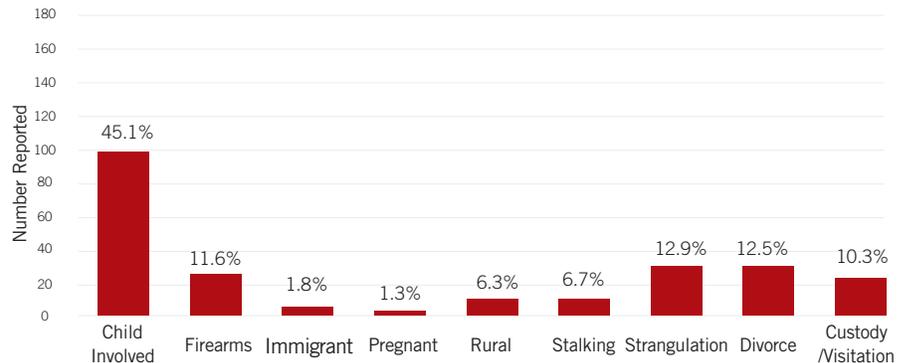
A behavior by one person upon another. It is often perpetrated using force or by taking advantage of another.



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Most Commonly Disclosed Factors By Victim/Survivors



Victim/Survivor Needs

Commonly Requested Services:

Shelter	46	19.5%
Legal Advocacy	70	29.7%
Individual Professional Counseling	46	19.5%
Support Groups	33	14.0%
Legal Representation	13	5.5%
Protective/Restraining Order	18	7.6%



Referrals to Local Service Providers

348

Offers to Direct Connect

81

Referrals to Other Resources

383

Most-Referred Resources

1. WomensLaw.org
2. 211 - United Way
3. Aunt Bertha
4. GoodTherapy.org
5. LawHelp.org