

Maine State Report

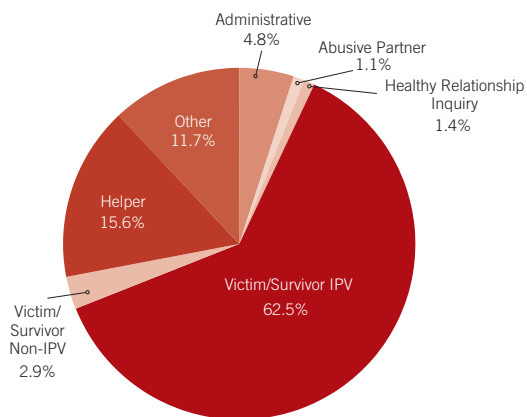
Based on The Hotline's contacts documented January – December 2018

In 2018, the National Domestic Violence Hotline documented* **557 contacts** from Maine. The state ranks 44th in terms of contact volume to The Hotline. The Hotline provides crisis intervention, safety planning, referrals and domestic violence (DV) and intimate partner violence (IPV) education for these contacts.

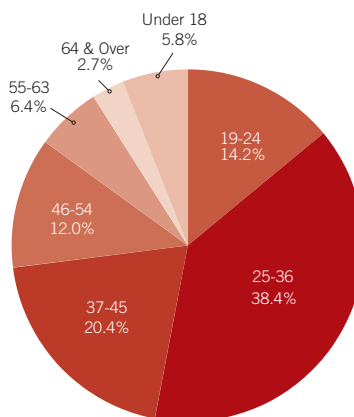
**Contacts documented refers to the calls and online chats where a location was self-disclosed by the caller or chatter. Any email contacts where a location was self-disclosed are represented in the total.*

Phone	378
Chat	179
TTY	0
Total	557

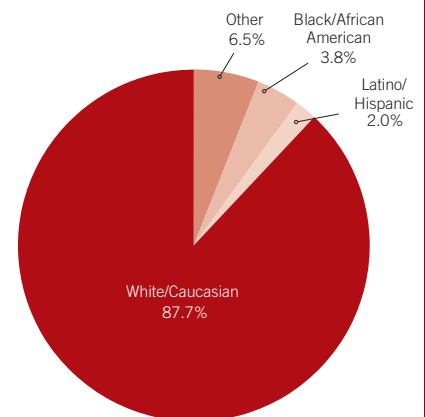
Who is contacting the Hotline from Maine?



Contact Type



Victim Age



Caller Ethnicity

Contact Type Definitions:

Victim/Survivor Intimate Partner Violence (IPV): A contact who has experienced abuse by an intimate partner and is looking for information, resources, emotional or other support regarding the abusive relationship.

Victim/Survivor Non-IPV: A contact who has experienced abuse from anyone other than an intimate partner (i.e. parent, sibling, caretaker), and is looking for information, resources, or support regarding the abuse.

Healthy Relationship Inquiry: A contact discussing intimate partner relationships who is not experiencing a pattern of abusive behaviors.

Abusive Partner: A contact who engages in a pattern of behavior to establish power and control over an intimate partner.

Other: A contact who is not currently experiencing violence and has needs outside the scope of healthy relationships or intimate partner violence services.

NOTE: This contact type excludes wrong numbers

The National Domestic Violence Hotline is a 501c3 organization that relies on generous contributions from the public, government and corporations to continue operation.

Top 10 Cities by Contact Volume

1. Portland	18.7%
2. Bangor	7.0%
3. Augusta	4.5%
4. Lewiston	3.1%
5. Auburn	2.5%
6. Waterville	2.5%
7. Biddeford	2.1%
8. Kennebunk	1.9%
9. Westbrook	1.8%
10. Sanford	1.8%
Total:	45.9%

What Victims Are Experiencing

94%

Emotional/Verbal Abuse

degradation, threats, insults, humiliation, isolation, etc.

65%

Physical Abuse

hitting, biting, choking, etc.

22%

Economic/Financial Abuse

control finances, ruin credit, etc.

15%

Digital Abuse

steal passwords, constant texts, etc.

12%

Sexual Abuse

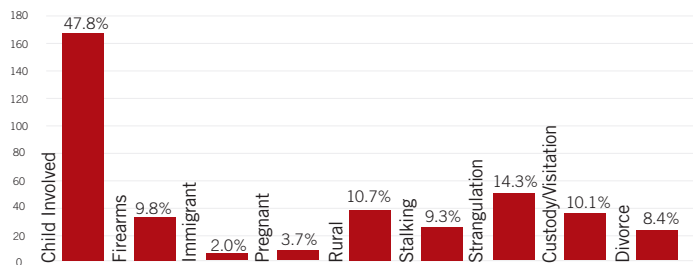
rape, exploitation, coercion, etc.



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Most Commonly Disclosed Special Factors in Victim/Survivor' Experiences



Victim/Survivor Needs

Commonly Requested Services:

DV Shelter	85	22.1%
Legal Advocacy	129	33.5%
Individual Professional Counseling	73	19.0%
DV Support Groups	46	11.9%
Legal Representation	29	7.5%
Protective/Restraining Order	38	9.9%



Referrals to Local Service Providers

380

Offers to Direct Connect

119

Referrals to Other Resources

375

Most-Referred Resources

1. WomensLaw.org
2. 211 - United Way
3. Childhelp National Child Abuse Hotline
4. Aunt Bertha
5. Your Life Your Voice (Boys Town)

This report reflects only data that was self-disclosed by the contact and does not necessarily represent every contact from the state.