

The National Domestic Violence HOTLINE

1.800.799.SAFE (7233) • 1.800.787.3224 (TTY)

Maine State Report

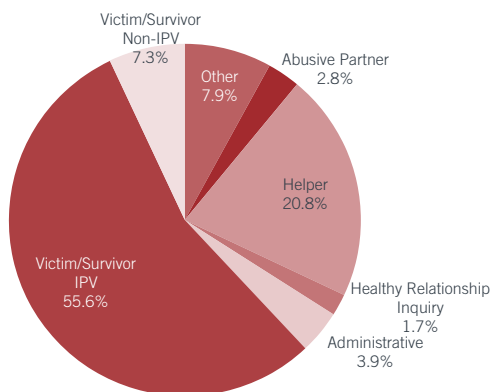
Based on Hotline contacts documented January–June 2016

In the first half of 2016, the National Domestic Violence Hotline documented* **178 contacts** from Maine. The state ranks 46th in terms of Hotline contact volume. The Hotline provides Crisis Intervention, Safety Planning, Referrals and DV Education for these contacts.

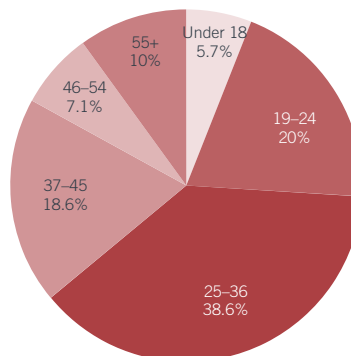
*Contacts documented refers to the calls and online chats where a location was self-disclosed by the caller or chatter.

Phone	155
Chat	23
TTY	0
Total	178

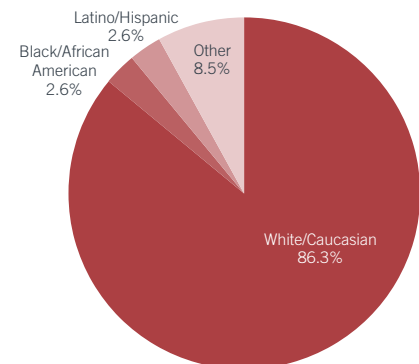
Who is contacting The Hotline?



Caller Type



Victim Age



Caller Ethnicity

Caller Type Definitions:

Victim/Survivor: IPV (Intimate Partner Violence) – a victim or survivor of abuse from his/her partner or spouse

Victim/Survivor: Non-IPV – a victim or survivor of abuse by anyone else: parent, sibling, caregiver, etc.

Helper – a caller reaching out to help another including: family/friend, service provider, law enforcement, medical/health, religious leader/program or teacher

Healthy Relationship Inquiry – anyone with questions about healthy relationships, where no abuse is present

Administrative – someone seeking basic information, rather than advocacy

Abusive Partner – a caller who identifies as abusive or who an Advocate believes to be an abusive partner

Other – any caller about whom an Advocate is able to gather info, but who does not fit into an above category; this includes off target callers, non-DV calls, hang-ups, prank calls and feedback

Top 10 Cities in Contact Volume

1. Portland	15%
2. Bangor	8%
3. Lewiston	5%
4. Scarborough	4%
5. Brunswick	4%
6. Auburn	3%
7. Westbrook	3%
8. South Portland	3%
9. Sanford	2%
10. Belfast	2%
Total:	48%

The National Domestic Violence Hotline is a 501c3 organization that relies on generous contributions from the public, government and corporations to continue operation.

What are victims experiencing?

93%

Emotional/Verbal Abuse

degradation, threats, insults, humiliation, isolation, etc.

70%

Physical Abuse

hitting, biting, choking, etc.

14%

Economic/Financial Abuse

control finances, ruin credit, etc.

14%

Sexual Abuse

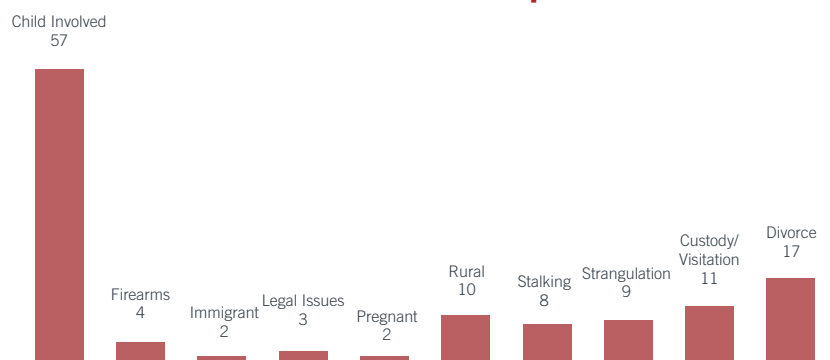
rape, exploitation, coercion, etc.

9%

Digital Abuse

steal passwords, constant texts, etc.

Most Commonly Disclosed Special Factors in Victims' Experiences



What do victims need?

Commonly Requested Hotline Services:

DV Shelter	24	20%
Legal Advocacy	37	30%
Individual Professional Counseling	24	20%
DV Support Groups	22	18%
Legal Representation	8	7%
Protective/Restraining Order	12	10%



Referrals to Service Providers

181

Offers to Direct Connect

72

Referrals to Other Resources

39

Most-REFERRED Resources

Womenslaw.org
National Suicide Prevention Lifeline
GoodTherapy.org
Maine Statewide Hotline
Your Life Your Voice (Boys Town)



This report was supported by Grant Number 90EV0426 from Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services.

As of January 2016, The Hotline began using a new data collection system to more accurately reflect the needs of contacts. This report reflects only data that was self-disclosed by the contact and does not necessarily represent every contact from the state.