

YOU ARE NOT ALONE

you are not alone

The National Domestic Violence Hotline has answered over 3 million calls from victims of relationship abuse, their friends and family.

The National Domestic Violence

HOTLINE

1.800.799.SAFE (7233) • 1.800.787.3224 (TTY)

The National Domestic Violence Hotline offers phone and chat services for anyone affected by domestic violence. Support is available 24/7/365 by calling **1.800.799.SAFE (7233)** or online at **thehotline.org**.

The production of this material was supported by Grant #90SV0001-01-00 from HHS Administration for Children and Families/Family Youth Services Bureau. Its contents are solely the responsibility of the National Domestic Violence Hotline and do not necessarily represent the official views of ACF/FYSB.

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1 in 4 women



1 in 7 men

18 years and older in the United States have been the victim of severe physical violence by an intimate partner in their lifetime.

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Does your partner
control what you do,
who you see or talk to,
or where you go?

Everyone deserves
a healthy relationship.

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Does your partner control the money in your relationship?

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Does your partner
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hit you or choke you?

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