


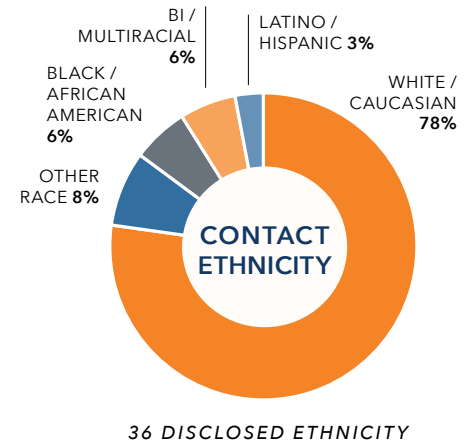
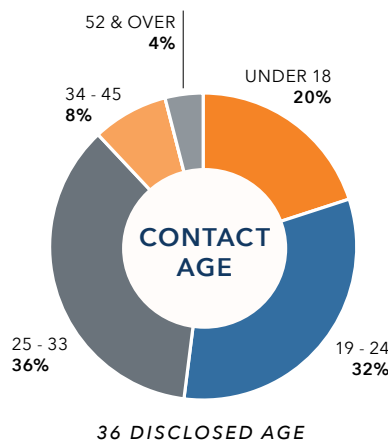
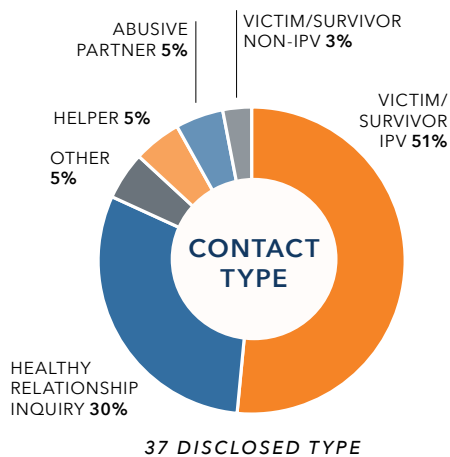


In 2020, *loveisrespect* documented **37** contacts from Iowa. The state ranks 38th in terms of contact volume. *loveisrespect* provides crisis intervention, safety planning, referrals and DV and healthy relationship education for these contacts.

	Phone	<b>16</b>
	Chat	<b>12</b>
	Text	<b>9</b>
	<b>Total</b>	<b>37</b>

## WHO IS CONTACTING LOVEISRESPECT FROM IOWA?

*Due to rounding of our data calculations, these numbers may not equal 100%*



### CONTACT TYPE DEFINITIONS:

**Victim/Survivor Intimate Partner Violence (IPV):** A contact who has experienced abuse by an intimate partner and is looking for information, resources, emotional or other support regarding the abusive relationship.

**Victim/Survivor Non-IPV:** A contact who has experienced abuse from anyone other than an intimate partner (i.e. parent, sibling, caretaker), and is looking for information, resources, or support regarding the abuse.

**Healthy Relationship Inquiry:** A contact discussing intimate partner relationships who is not experiencing a pattern of abusive behaviors.

**Abusive Partner:** A contact who engages in a pattern of behavior to establish power and control over an intimate partner.

**Other:** A contact who is not currently experiencing violence and has needs outside the scope of healthy relationships or intimate partner violence services.

### TOP 10 CITIES BY CONTACT VOLUME

City	%
Des Moines	19%
Urbandale	11%
Cedar Falls	5%
Council Bluffs	5%
Waterloo	5%
Bettendorf	3%
Cambridge	3%
Carroll	3%
Cedar Rapids	3%
Chariton	3%

## WHAT VICTIMS ARE EXPERIENCING

94%

### EMOTIONAL/ VERBAL ABUSE

Behavior that isn't physical, which may include verbal aggression, intimidation, manipulation, and humiliation, which most often unfolds as a pattern of behavior over time.

59%

### PHYSICAL ABUSE

Non-accidental use of force that results in bodily injury, pain, or impairment. This may include being slapped, burned, cut, bruised, or improperly physically restrained.

24%

### SEXUAL ABUSE

Non-consensual sexual interaction through coercion, guilt, or force. This may include pressure to engage in sexual activity, refusal to use contraception, or demanding of sexual images or video.

24%

### ECONOMIC/FINANCIAL ABUSE

When one intimate partner has control over the other partner's access to economic resources, which diminishes the victim's capacity to support themselves.

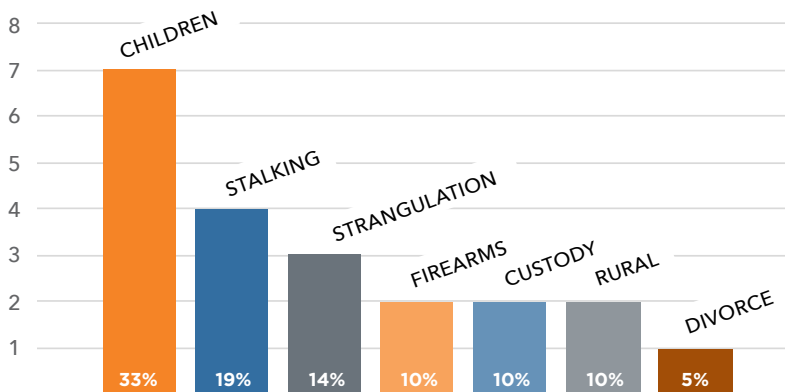
24%

### DIGITAL ABUSE

The use of technologies such as texting and social networking to bully, harass, stalk, or intimidate a partner.

21 DISCLOSED EXPERIENCES

## MOST COMMONLY DISCLOSED FACTORS BY VICTIMS/SURVIVORS



## VICTIM/SURVIVOR NEEDS COMMONLY REQUESTED SERVICES:

INDIVIDUAL PROFESSIONAL COUNSELING	6	30%
LEGAL ADVOCACY	6	30%
SUPPORT GROUPS	2	10%
DV SHELTER	1	5%

22

REFERRALS TO LOCAL SERVICE PROVIDERS

2

OFFERS TO DIRECT CONNECT

4

REFERRALS TO OTHER RESOURCES

Best practice is to refer each contact to 3 resources.

## MOST-REFERRED RESOURCES

- 1 WOMENSLAW
- 2 211 - UNITED WAY
- 3 AUNT BERTHA
- 4 GOODTHERAPY
- 5 CRISIS TEXT LINE

Providers are direct providers of domestic violence services, offered in their local community free of charge to victims/survivors.

Resources are social service agencies or informative programs. They are not domestic violence specific, and they can be either statewide or nationwide.

NOTE: Contacts may report one or more types of abuse.



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