



# MAINE STATE REPORT

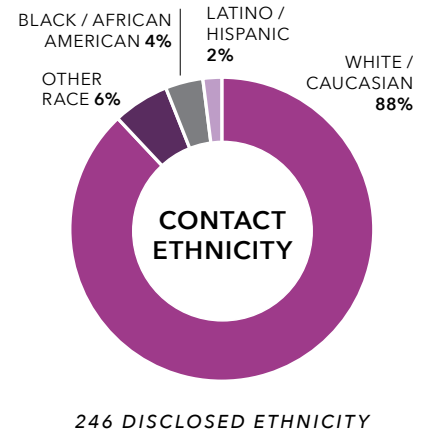
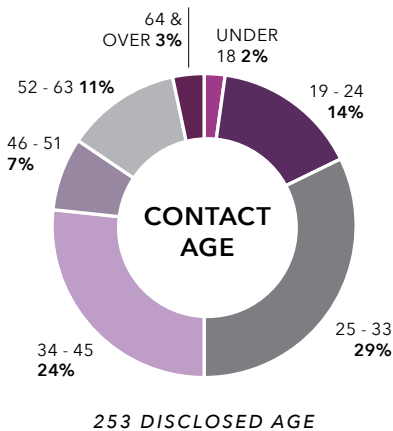
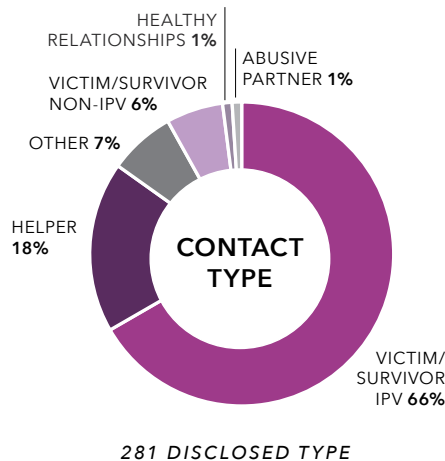
Based on the National Domestic Violence Hotline's contacts documented January-June 2020

In the first half of 2020, the National Domestic Violence Hotline documented **284** contacts from Maine. The state ranks 41st in terms of contact volume to The Hotline. The Hotline provides crisis intervention, safety planning, referrals and domestic violence (DV) and intimate partner violence (IPV) education for these contacts.

	Phone	<b>199</b>
	Chat	<b>85</b>
	Total	<b>284</b>

## WHO IS CONTACTING THE HOTLINE?

*Due to rounding of our data calculations, these numbers may not equal 100%*



### CONTACT TYPE DEFINITIONS:

**Victim/Survivor Intimate Partner Violence (IPV):** A contact who has experienced abuse by an intimate partner and is looking for information, resources, emotional or other support regarding the abusive relationship.

**Victim/Survivor Non-IPV:** A contact who has experienced abuse from anyone other than an intimate partner (i.e. parent, sibling, caretaker), and is looking for information, resources, or support regarding the abuse.

**Healthy Relationship Inquiry:** A contact discussing intimate partner relationships who is not experiencing a pattern of abusive behaviors.

**Abusive Partner:** A contact who engages in a pattern of behavior to establish power and control over an intimate partner.

**Other:** A contact who is not currently experiencing violence and has needs outside the scope of healthy relationships or intimate partner violence services.

### TOP 10 CITIES BY CONTACT VOLUME

City	%
Portland	16%
Bangor	8%
Lewiston	5%
Waterville	3%
Augusta	3%
Biddeford	3%
Westbrook	2%
Auburn	2%
Bath	2%
Farmington	2%

## WHAT VICTIMS ARE EXPERIENCING

97%

### EMOTIONAL/VERBAL ABUSE

Behavior that isn't physical, which may include verbal aggression, intimidation, manipulation, and humiliation, which most often unfolds as a pattern of behavior over time.

66%

### PHYSICAL ABUSE

Non-accidental use of force that results in bodily injury, pain, or impairment. This may include being slapped, burned, cut, bruised, or improperly physically restrained.

30%

### ECONOMIC/FINANCIAL ABUSE

When one intimate partner has control over the other partner's access to economic resources, which diminishes the victim's capacity to support themselves.

18%

### DIGITAL ABUSE

The use of technologies such as texting and social networking to bully, harass, stalk, or intimidate a partner.

17%

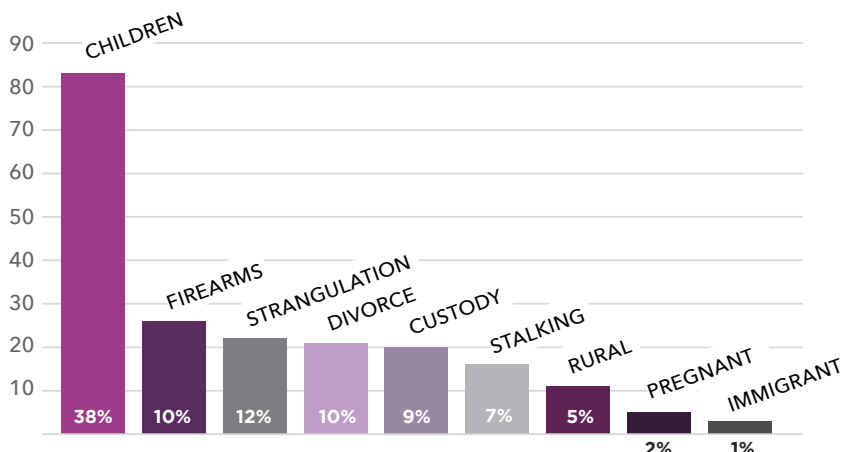
### SEXUAL ABUSE

Non-consensual sexual interaction through coercion, guilt, or force. This may include pressure to engage in sexual activity, refusal to use contraception, or demanding of sexual images or video.

240 DISCLOSED EXPERIENCES

NOTE: Contacts may report one or more types of abuse.

## MOST COMMONLY DISCLOSED FACTORS BY VICTIMS/SURVIVORS



## VICTIM/SURVIVOR NEEDS COMMONLY REQUESTED SERVICES:

LEGAL ADVOCACY	66	29%
INDIVIDUAL PROFESSIONAL COUNSELING	60	26%
DV SHELTER	43	19%
PROTECTIVE/RESTRAINING ORDER	27	12%
SUPPORT GROUPS	25	11%
LEGAL REPRESENTATION	21	9%

184 REFERRALS TO LOCAL SERVICE PROVIDERS

71 OFFERS TO DIRECT CONNECT

194 REFERRALS TO OTHER RESOURCES

Best practice is to refer each contact to 3 resources.

## MOST-REFERRED RESOURCES

- 1 WOMENSLAW
- 2 211 - UNITED WAY
- 3 LAWHHELP
- 4 CHILDHELP NATIONAL CHILD ABUSE HOTLINE
- 5 GOODTHERAPY

Providers are direct providers of domestic violence services, offered in their local community free of charge to victims/survivors.

Resources are social service agencies or informative programs. They are not domestic violence specific, and they can be either statewide or nationwide.

