WHAT IS DOMESTIC VIOLENCE?

Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner.

Does your partner ever....

- Embarrass you with put-downs?
- Control what you do, who you see or talk to or where you go?
- Push you, slap you, choke you or hit you?
- Control the money in the relationship?
- Tell you that you’re a bad parent or threaten to take away your children?
- Prevent you from working or attending school?

If you answered ‘yes’ to even one of these questions, you may be in an unhealthy or abusive relationship.

Find more information at www.thehotline.org.

The production of this material was supported by Grant #90SV0001-01-00 from HHS Administration for Children and Families/Family Youth Services Bureau. Its contents are solely the responsibility of The National Domestic Violence Hotline and do not necessarily represent the official views of ACF/FYSB.